# Sunday Lunch Menu for November 29th

(Available from Noon - 3:30 pm)

**Laurelmead Breadbasket ~ Gluten Free available upon request**

SOUPS

**Cream of Tomato**
Chicken stock simmered with vegetables and tomatoes, then finished with cream.
**HC Mediterranean Lentil, vegetable stock** ~ HC Soup of the Month
**Chicken Broth**

SALADS

**House Garden Salad** ~ Choice of Dressing
**Apple, Walnut, & Goat Cheese Salad** ~ Choice of Dressing

MAIN ENTREES

**Catch du Jour**
Healthier Choice Available ~ Ask your server
**HC Catch du Jour**

**Chicken Croquettes**
Two house made croquettes served with supreme sauce and cranberry sauce garnish.

**Happy Pilgrim Sandwich**
Thinly sliced turkey heated with stuffing, lightly grilled on multigrain bread with cranberry sauce.
**Healthier Choice ~ no stuffing, not grilled**

**Vegetarian Special of the Week**
Ask your server.

**Warm Grilled Chicken Breast**
Served over house greens with dressing or on a bun with lettuce, or as an entrée with sides.

**‡ Chopped Angus Beef Patty**
Served with gravy and sides or on a roll with choice of mushrooms, onions, lettuce, and tomato.

**Beyond Burger Sandwich on a Roll**
Choice of BBQ sauce, lettuce, tomato, sautéed mushrooms, American cheese, vegan cheddar, mozzarella.

ACCOMPANIMENTS

**Chive Mashed Potatoes ~ HC Baked Potato**
**Zucchini Provençale**
**HC Steamed Zucchini**

**Angel Hair or Penne Pasta ~ Meat Sauce, Marinara Sauce, Garlic and Olive Oil**
**Mashed Potatoes, Rice Pilaf, Steamed Peas, Carrots, Onion Rings, French Fries**

Meat Temperature Guide: Rare ~ cool red center, Medium Rare ~ warm red center, Medium ~ pink center, Medium Well ~ minimum pink, Well Done ~ no pink

*Contains a spicy ingredient
‡ Consumption of raw or undercooked foods of animal origin may increase your risk of food borne illness.
Consumers who are especially vulnerable to food borne illness should only eat food from thoroughly cooked animals.
***lealthier Choice) =Leaner meat or seafood, never fried, no added salt, no butter, no cream, no cheese, may contain olive oil, light mayonnaise, light salad dressing, low fat sour cream, Lactaid or sugar***

# Sunday Breakfast Menu

(Available from 8:00 a.m. - 3:30 p.m.)

**~ One Breakfast Meal includes: Choice of two appetizers, a main course, two sides and a beverage ~**

APPETIZERS

Juices: Apple, Orange, Cranberry, Pink Grapefruit, Tomato, LS-V 8, Prune
Grapefruit Half, Fruit Cup, Cottage Cheese, Small Fruit Plate, Fresh Applesauce

MAIN COURSE

**Chef's Special** ~ Ask your server.

**Two Eggs Any Style** ~ Your choice of fresh eggs, Eggbeaters or egg whites.
**Omelet** ~ Choice of American, Swiss, Cheddar, Onions, Peppers, Mushrooms, Spinach, Ham, Tomato, Bacon
**Scrambled Eggs & Lox** ~ Fresh scrambled eggs or eggbeaters with onion and lox.
**Eggs Benedict** ~ Two poached eggs, English muffin, Canadian bacon, hollandaise sauce.
**Pancakes** ~ Three pancakes, your choice of: plain, chocolate chip or blueberry.
**Belgian Waffles** ~ Choice of strawberries, cinnamon apples, whipped cream, maple syrup
**Toasted Bagel, Lox & Cream Cheese** ~ Served with sliced tomatoes, thin red onion, bibb lettuce.
**BLT Sandwich** ~ Served on your choice of toast with mayonnaise.

SIDE ORDERS

(Resident meal includes choice of two sides)

**Any additional sides $2.25 each, excludes lox**

**Cup of Oatmeal**
**Turkey Bacon ~ Three Crisp Bacon Strips ~ Two Sausage Links ~ Canadian Bacon**
**Corned Beef Hash ~ Homefried Potatoes**
**Gluten Free Toast ~ Choice of Toast ~ Danish ~ English Muffin ~ Bagel**

**LOX ONLY SIDE ORDER ~ $5.40**

**AVAILABLE TO GO ONLY ~ LOX BOX ~ $9.20**
Smoked Salmon, Bagel, Lettuce, Tomato,
Red Onion, Capers, Cream Cheese

BEVERAGES

**Freshly Brewed Coffee, Regular or Decaffeinated**
**Tea, Hot Chocolate**
**Regular, Skim, Lactose Free Milk**

**LAURELMEAD'S CONTINENTAL SELECTION $5.15**
Juice, Fresh Fruit Cup, Sliced Fruit Plate or Half Grapefruit (choice of one)
Bagel, English Muffin, Toast, Fresh Baked Muffin (choice of one)
Cup of Oatmeal
Coffee, Decaf Coffee, Tea, or Hot Chocolate

**~ Children's Menu Available ~**
**~ Half Portion Entrees and Sides Available Upon Request ~**

***~ PLEASE ADVISE SERVER OF ANY FOOD ALLERGIES ~***

# MONDAY'S SPECIALS

SOUPS

**English Beef**

Beef, turnip and leeks simmered with tomatoes and barley in beef stock.

**HC Soup of the Month**

**Chicken Broth**

APPETIZERS & SALADS

**Apple, Walnut, Goat Cheese Salad**

Thinly sliced Granny Smith apples, walnuts, and crumbled goat cheese served over mesclun greens with choice of dressing.

**Healthier Choice ~ no cheese, hc dressing**

**House Garden Salad ~ Fruit Plate/with cottage cheese available, Juices, NAS Applesauce ~ Fruit Cup ~ Cole Slaw ~ Sliced Tomato ~ Half Grapefruit**

TODAY'S CATCH

**Cod Francaise**

Sautéed cod with lemon and white wine; parsley and lemon wedge garnish.

**Healthier Choice ~ Baked Cod, lemon, white wine**

MAIN ENTREES

**General Tso's Chicken**

Oriental marinated chicken sautéed with broccoli and peanuts, served with rice and scallion garnish.

**‡ Roasted Rack of Lamb**

Prepared with a brown sugar rum glaze with herbs and a side of mint jelly.

**Healthier Choice ~ no glaze**

**Pasta du Jour ~ Available daily, ask your server**

ACCOMPANIMENTS

**HC Basmati Rice**

**Garlic Broccoli**

**HC Steamed Broccoli**

Baked Sweet or Idaho Potatoes, Rice Pilaf, Mashed Potatoes, Onion Rings, French Fries, Pasta Marinara, Steamed Carrots, Spinach, Sautéed Spinach, Steamed Broccoli

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# TUESDAY'S SPECIALS

SOUPS

***Thai Butternut Carrot**

Roasted butternut with sautéed coconut oil, onions, garlic and ginger then pureed with curry, carrots and a pinch of cayenne pepper. Plain yogurt and coconut milk garnish.

**HC Soup of the Month**

**Chicken Broth**

APPETIZERS & SALADS

**Apple, Walnut, Goat Cheese Salad**

Thinly sliced Granny Smith apples, walnuts, and crumbled goat cheese served over mesclun greens with choice of dressing.

**Healthier Choice ~ no cheese, hc dressing**

**House Garden Salad ~ Fruit Plate/with cottage cheese available, Juices, NAS Applesauce ~ Fruit Cup ~ Cole Slaw ~ Sliced Tomato ~ Half Grapefruit**

TODAY'S CATCH

**Catch du Jour**

Ask your server about today's special offering.

**Healthier Choice ~ available**

MAIN ENTREES

***Marry Me Chicken**

Sautéed chicken breast finished with a creamy parmesan sauce with sundried tomatoes, crushed red pepper flakes, thyme and oregano; garnished with fresh basil.

**Healthier Choice ~ Grilled Marinated Chicken Breast**

**‡ Garlic Butter Baseball Steak**

Pan seared steak finished with a garlic butter chive sauce.

**Pasta du Jour ~ Available daily, ask your server**

ACCOMPANIMENTS

**Whipped Sweet Potatoes ~ HC Baked Sweet Potato**

**Green Beans Amandine ~ HC Steamed Green Beans**

Baked Sweet or Idaho Potatoes, Rice Pilaf, Mashed Potatoes, Onion Rings, French Fries, Pasta Marinara, Steamed Carrots, Spinach, Sautéed Spinach, Steamed Broccoli

**Meat Temperature Guide:**

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# WEDNESDAY'S SPECIALS



SOUPS

**Chicken Spaetzle**

Diced chicken meat simmered with vegetables in chicken stock and garnished with spaetzles.

**HC Soup of the Month**

**Chicken Broth**

APPETIZERS & SALADS

**Tableside Caesar Salad**

Crisp romaine lettuce tossed with Caesar dressing, croutons and fresh parmesan cheese.

**House Garden Salad ~ Fruit Plate/with cottage cheese available, Juices,**
**NAS Applesauce ~ Fruit Cup ~ Cole Slaw ~ Sliced Tomato ~ Half Grapefruit**

TODAY'S CATCH

**Shrimp Parmesan**

Breaded deep fried shrimp served in a casserole and baked with marinara sauce and mozzarella cheese.

**Healthier Choice ~ Baked Shrimp with lemon and white wine**

MAIN ENTREES

***Szechuan Beef**

Marinated beef tenderloin stir fried with peanut oil, a spicy stir fry (contains chili paste, Szechuan peppercorns, red chili oil, sesame seeds, carrots and peppers); served over jasmine rice.

**Stuffed Spaghetti Squash**

A roasted half spaghetti squash filled with squash, mushrooms, baby spinach, onion, Italian seasoning, marinara sauce and garnished with parmesan cheese.

**Healthier Choice ~ no cheese**

**Pasta du Jour ~ Available daily, ask your server**

ACCOMPANIMENTS

**Jasmine Rice ~ HC Jasmine Rice**

**HC Roasted Mixed Vegetables**

Baked Sweet or Idaho Potatoes, Rice Pilaf, Mashed Potatoes, Onion Rings, French Fries, Pasta Marinara, Steamed Carrots, Spinach, Sautéed Spinach, Steamed Broccoli

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# THURSDAY'S SPECIALS



SOUPS

**Mushroom Lentil**

Sliced mushrooms sautéed with vegetables, simmered with chicken stock, tomato juice and finished with lentils.

**HC Soup of the Month**

**Chicken Broth**

APPETIZERS & SALADS

**Apple, Walnut, Goat Cheese Salad**

Thinly sliced Granny Smith apples, walnuts, and crumbled goat cheese served over mesclun greens with choice of dressing.

**Healthier Choice ~ no cheese, hc dressing**

**House Garden Salad ~ Fruit Plate/with cottage cheese available, Juices, NAS Applesauce ~ Fruit Cup ~ Cole Slaw ~ Sliced Tomato ~ Half Grapefruit**

TODAY'S CATCH

***Poached Salmon Wasabi**

Fresh salmon poached in white wine with onion, celery and peppercorns; finished with wasabi ginger sauce, sour cream and lemon.

**Healthier Choice ~ no sauce**

MAIN ENTREES

**Vegetable Pot Pie**

Butternut, parsnips, carrots, kale and lentils in a savory stew topped and baked with puff pastry.

**Healthier Choice ~ Grilled Marinated Chicken Breast**

**Corned Beef & Cabbage**

Sliced corned beef brisket served with a wedge of cabbage.

**Pasta du Jour ~ Available daily, ask your server**

ACCOMPANIMENTS

**HC Boiled New Potatoes**

**HC Diced Turnip, Carrot, Onion**

Baked Sweet or Idaho Potatoes, Rice Pilaf, Mashed Potatoes, Onion Rings, French Fries, Pasta Marinara, Steamed Carrots, Spinach, Sautéed Spinach, Steamed Broccoli

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# FRIDAY'S SPECIALS

SOUPS

***Portuguese Red Clam Chowder**

Chopped clams and chorizo simmered in clam stock with plum tomatoes, potatoes, onion, celery, and garlic with thyme and red chili flakes.

**HC Soup of the Month**

**Chicken Broth**

APPETIZERS & SALADS

**Apple, Walnut, Goat Cheese Salad**

Thinly sliced Granny Smith apples, walnuts, and crumbled goat cheese served over mesclun greens with choice of dressing.

**Healthier Choice ~ no cheese, hc dressing**

**House Garden Salad ~ Fruit Plate/with cottage cheese available, Juices, NAS Applesauce ~ Fruit Cup ~ Cole Slaw ~ Sliced Tomato ~ Half Grapefruit**

TODAY'S CATCH

**‡ Tuna Mediterranean**

Sautéed tuna steak finished with a fresh mediterranean sauce with olives, capers, lemon, tomato and seasonings.

**Healthier Choice ~ Grilled Tuna Steak, lemon wedge**

MAIN ENTREES

**Cauliflower Crust Pizza**

Ask your server about today's topping selection.

**Healthier Choice ~ Grilled Chicken Breast, Mrs. Dash Seasoning**

**‡ Beer Braised Sirloin Tips**

Prepared with ginger, mustard, thyme, paprika, mushrooms, scallions and beef stock.

**Pasta du Jour ~ Available daily, ask your server**

ACCOMPANIMENTS

**HC Roasted Rosemary Garlic Potatoes**

**HC Steamed Peas**

Baked Sweet or Idaho Potatoes, Rice Pilaf, Mashed Potatoes, Onion Rings, French Fries, Pasta Marinara, Steamed Carrots, Spinach, Sautéed Spinach, Steamed Broccoli

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# HANUKKAH DINNER

***Saturday, December 5, 2026***
***5:00 – 7:00 pm***

## SOUP

***Chicken Soup with Matzo Balls or Noodles***
***Healthier Choice Mediterranean Lentil, vegetable stock***

## SALADS

***Fresh Fruit Cup***

***Apple, Walnut, Goat Cheese Salad***
***Healthier Choice – no cheese, dressing of choice***

***Gefilte Fish Salad***

## ENTRÉES

***Roasted Salmon with Pomegranate Glaze***
*(shallots, red wine reduction, pomegranate seeds)*
***Healthier Choice***

***Roasted Statler Chicken***
*Served with challah stuffing and velouté sauce.*
***Healthier Choice – no stuffing, no sauce***

***Lloyd's Brisket***
***(contains sugar)***

***Wild Mushroom Ragout over Pappardelle Pasta***
***Wild mushrooms sautéed with onions and garlic in marinara sauce.***

## ACCOMPANIMENTS

***Housemade Potato Pancakes with Applesauce or Sour Cream***
***Sweet Potato Tzimmes*** ***Steamed Brown Rice***
***Steamed Broccoli***
***Roasted Baby Honey Thyme Carrots - HC Steamed Carrots***

***Challah Bread***






# *DESSERT MENU*

## *Angel Food Cake*
*With or Without Strawberries, Whipped Cream*

## *Sugar Free Pie du Jour*

## *Baked Apple*
*Brown Sugar, Honey, Cinnamon, Walnuts*
*HC Plain Baked Apple, cinnamon*

## *Peppermint Brownie Sundae*

## *Selection of:*
## *Ice Cream, Sorbet,*
## *Frozen Yogurt*