

The Laurelmead Weekly Bulletin

Sunday, August 23 - Saturday, August 29

8/23/2026 - Sunday

7:30 p.m. *Resident's Choice Movie*
The Conference Room

3:00 p.m.
Book Group
The Library

8/24/2026 - Monday

9:30 a.m.
Duplicate Bridge
The Card Room

7:30 p.m. ****Note Day Change***
Bingo
The Card Room

12:30 p.m. Departure
CVS/Bank
The Main Lobby

8/27/2026 - Thursday

10:00 a.m.
Meet and Greet with David Morales
The Great Room

1:30 p.m. Departure
Dave's Marketplace
The Main Lobby

1:00 p.m. Departure
Market Basket
The Main Lobby

3:30 p.m.
Meditation
The Library

3:30 p.m.
Meditation
The Library

8/25/2026 - Tuesday

9:30 a.m.
Board of Directors Meeting
The Odeon

7:30 p.m.
Pianist: Ian Lin
The Great Room

1:00 p.m. Departure
Stop & Shop
The Main Lobby

8/28/2026 - Friday

10:00 a.m.
Meet and Greet with Keith Hoffmann
The Great Room

3:00 p.m.
Birthday Tea
The Great Room

1:00 p.m.
Meet and Greet with Helena Foulkes
The Great Room

3:00 p.m.
Poetry Group
The Library

1:30 p.m.
Mah Jongg
The Great Room

Tonight's 7:30 p.m. program has been cancelled.

7:30 p.m. *Friday Movie Night*
Don't Say Good Luck
The Odeon

8/26/2026 - Wednesday

10:00 a.m.
Meet and Greet with Mayor Brett Smiley
The Great Room

8/29/2026 - Saturday

9:30 a.m.
Morning Social
The Great Room

2:00 p.m.
Meditation
The Odeon

7:30 p.m. *Resident's Choice Movie*
The Conference Room

THIS WEEK'S MESSAGES

MINDFULNESS MEDITATION

Wednesdays

2:00 p.m.

The Odeon

-Practice & Discussion-

Materials provided.

Mondays and Thursdays

3:30 p.m.

In the back of the Library.

-Silent Practice-

BEGINNERS WELCOME!

*Do you have an **August birthday?***

If so, and you'd like to be mentioned at this month's **Birthday Tea** on Tuesday, August 25 please sign up in the Mail Room.



WEEKLY WELNESS:

HOW TO DISPOSE OF MEDICINES PROPERLY

DON'T: Flush expired or unwanted prescription and over-the-counter drugs down the toilet or drain unless the label or accompanying patient information specifically instructs you to do so.

DO: Return unwanted or expired prescription and over-the-counter drugs to a drug take-back program or follow the steps for household disposal below.

1ST CHOICE: DRUG TAKE-BACK EVENTS

To dispose of prescription and over-the-counter drugs, call your city or county government's household trash and recycling service and ask if a drug take-back program is available in your community. Some counties hold household hazardous waste collection days, where prescription and over-the-counter drugs are accepted at a central location for proper disposal.

2ND CHOICE: HOUSEHOLD DISPOSAL STEPS:

1. Take your prescription drugs out of their original containers.
2. Mix the drugs with an undesirable substance such as cat litter or used coffee grounds.
3. Put the mixture into a disposable container with a lid such as an empty margarine tub or into a sealable bag.
4. Conceal or remove any personal information (including RX number) on the empty containers by covering it with a permanent marker or duct tape or by scratching it off.
5. The sealed container with the drug mixture and the empty drug containers can now be placed in the trash.

3RD CHOICE:

Butler drop-off at main building – front desk. They accept all medication.





PROVIDENCE MAYOR QUESTION-AND-ANSWER

WEDNESDAY, AUGUST 26 | 10:00 A.M. | THE ODEON

Brett Smiley



Brett, the son of a preschool teacher and single mother, was raised to value hard work, fairness, and public service. After more than a decade serving Rhode Islanders—including as Chief of Staff to Governor Gina Raimondo and Director of the Rhode Island Department of Administration—he now serves as Mayor of Providence. Brett is focused on affordable housing, universal pre-K, modern city services, public safety, and inclusion for all.

Issues

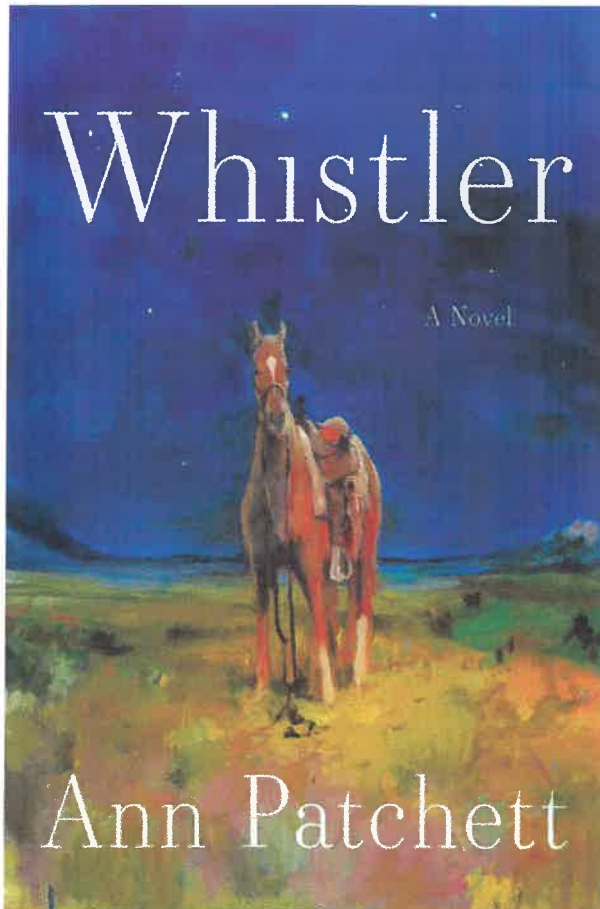
Keeping Providence Safe
Protecting our Immigrant Communities
Fighting for our Students
Building a More Sustainable Providence
Addressing the Housing Crisis
Making City Hall More Efficient and Effective
Providing Economic Opportunity

More information: <https://www.smileyformayor.com/issues>

Book of the Month:

Whistler: A Novel

by Ann Patchett



When Daphne Fuller and her husband Jonathan visit the Metropolitan Museum of Art, they notice an older, white-haired gentleman following them. The man turns out to be Eddie Triplett, her former stepfather, who had been married to her mother for a little more than a year when Daphne was nine. Now fifty-three, Daphne hasn't seen Eddie for many years, not since the fateful event that changed the direction of both their lives. Meeting again, time falls away; while their relationship was brief, it had a profound impact on them both, and now that they are reunited they have no intention of ever being separated again.

Whistler is a story about two adults looking back over the choices they made and the choices that were made for them. It's a story about bravery, memory, the often small yet consequential moments that define our lives, and the endless stream of loss that in time comes for us all. Beautiful in its simplicity, it is ultimately about how love endures and how the feeling of being known by one other person, even for a short period of time, can change everything.

Wednesday, August 26

3:00 p.m.

The Library

PROVIDENCE MAYOR CANDIDATE MEET-AND-GREET

THURSDAY, AUGUST 27 | 10:00 A.M. | THE ODEON



David Morales

David Morales, the son of a single immigrant mother and a lifelong renter, grew up working hard and took her message to “move ahead and work hard” to heart, earning a Master’s in Public Affairs from Brown University at age 20. Elected to the Rhode Island State House at 22, he became the youngest Latino state legislator in the country and has since championed lower prescription drug costs, higher wages, immigrant protections, and increased funding for Providence schools, while remaining active in the community as a coach, volunteer, and professional wrestler.

Issues

Housing Affordability
Building Revenue in Our City
Supporting Providence Public Schools
Transit and Mobility
Protecting Immigrants
Celebrating Providence
Public Safety
Climate Change

More information: <https://www.davidmoralespvd.com/>

Ian Lin

Summer Concert 2026



Ian James Lin, a pianist, composer, and violinist born in 2009 in South Kingstown, R.I., began taking piano lessons at 4. He studied under

Ms. Tanya Schwartzman at Sharon Music Academy from age 6 to age 13. He is currently studying under Professor Jonathan Bass, piano chair at Boston Conservatory and under Natalie Zhu, the artistic director of Kingston Chamber Music Festival. His recent honors include being named a YoungArts winner with distinction in Classical Music/Piano for 2026, as well as a scholarship recipient from the Chopin

Foundation of the United States. He also won the Vancouver Piano Sessions Concerto Competition as well as the East Carolina Piano Festival

Concerto Competition. In composition, he has won 3rd place at MTNA's National Composition Competition, Emerging Composer Award at New Tribeca Competition, and Honorable Mention at

ASCAP's Morton Gould young composer competition. Besides music, Ian enjoys sports including tennis, ping-pong, basketball, and soccer. At the age of 5, he was accepted as a

Davidson Young Scholar at Davidson Institute for Profoundly Gifted Children. He has also performed at Carnegie Hall's Weill Recital Hall as well as Boston Symphony Hall.



Program

Scherzo in B minor, Op. 20.....F. Chopin

Preludes, Op. 28, nos. 19-24F. Chopin

Piano Sonata in B minor, Op. 58.....F. Chopin

I. *Allegro maestoso*

II. *Scherzo: Molto vivace*

III. *Largo*

IV. *Finale: Presto non tanto*

Thursday, August 27 – 7:30 p.m. – The Great Room



PRE-PRIMARY POLITICAL FORUMS

DEMOCRATIC CANDIDATE: ATTORNEY GENERAL QUESTION-AND-ANSWER

FRIDAY, AUGUST 28 | 10:00 A.M. | THE ODEON

Keith Hoffmann



Keith Hoffmann, a Portsmouth native, was raised by his mother after his father, a Vietnam War veteran, died from cancer linked to Agent Orange. Inspired by his parents' commitment to perseverance, public service, and community, Keith earned degrees from the University of Pennsylvania and Fordham Law School. After beginning his legal career advocating for veterans in New York, he returned to Rhode Island and served in the Attorney General's Office, ultimately becoming a unit chief and member of Attorney General Neronha's executive leadership team. Keith and his wife, Rachel, a Brown physician, have two sons.

Keith Hoffmann has more than a decade of experience in public service, serving under two Rhode Island attorneys general and leading major civil and criminal investigations. As a senior leader in the Attorney General's Office, he helped protect consumers, expand access to health care, strengthen police training, defend Rhode Island's gun safety laws, and secure more than \$40 million for primary health care. He also worked to hold corporations accountable, protect children from lead poisoning, address the opioid crisis, and defend Rhode Island against unlawful federal actions affecting public health and vital community institutions.

More information: <https://www.keithhoffmann.com/meetkeith>



GUBERNATORIAL CANDIDATE MEET-AND-GREET

FRIDAY, AUGUST 28 | 1:00 P.M. | THE ODEON

Helena Buonanno Foulkes

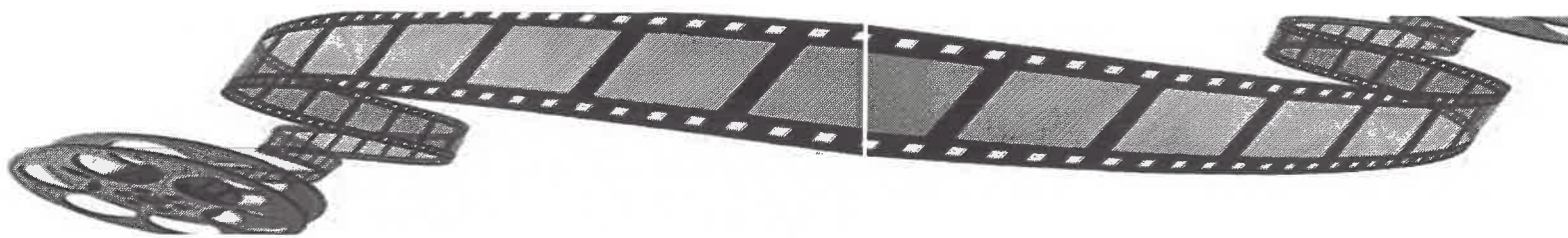


Helena Buonanno Foulkes is a lifelong Rhode Islander, mother, grandmother, cancer survivor, and experienced business leader who spent 25 years at CVS, ultimately becoming president of its retail division and prioritizing public health over profits. Since her close 2022 gubernatorial race, she has remained active in Rhode Island communities, working to improve public schools, combat homelessness and domestic violence, and listening directly to residents as she runs for governor again.

Why Helena?

Helena Foulkes is a decisive, results-oriented leader who believes Rhode Island needs stronger leadership to address challenges like affordable housing, infrastructure, and economic growth. As governor, she pledges to put people before politics, defend Rhode Island against federal threats, create good-paying jobs, and make the state more affordable for everyone.

More information: <https://helenafoulkes.com/>

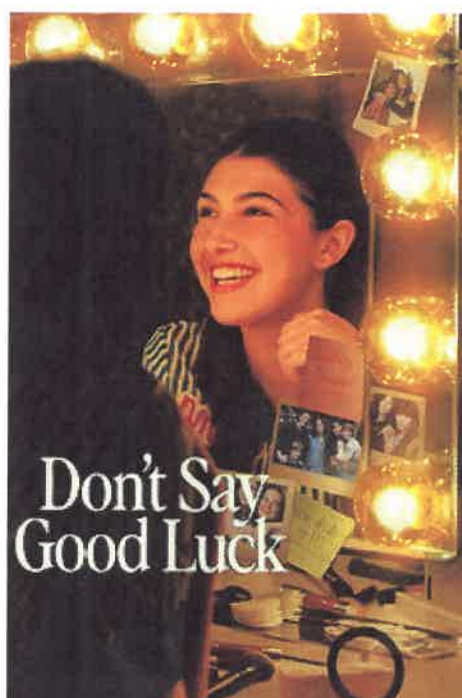


Friday Movie Nights

Don't Say Good Luck

TOP 10

#2 in Movies Today



FRIDAY, AUGUST 28 AT 7:30 P.M. IN THE ODEON

Don't Say Good Luck (2026) Musical/Comedy drama – 1 hr., 35 mins.

Sophie Birenbaum is ready for the spotlight as the lead in her high school musical - until suddenly she's living with even more drama at home than on the stage.



Laurelmead's Annual Labor Day Celebration

*Monday, September 7, 2026
4:00 ~ 6:30 pm*

*Complimentary Hot Breakfast Buffet
8:00 ~ 10:30 in the Pub*

Café ~ Closed

****Reservations are Required as Lobster is on the Menu****

**Please place your reservation
with a Dining Services Representative.
No online or voicemail reservations can be accepted.**

***!! Take Out and Room Service orders must also place
reservations in advance in order to be guaranteed a lobster !!***

***Reservations must be placed by
Friday, August 28th at Noon***

IMPORTANT NOTICE

***Residents and guests who attend without reservations
cannot be guaranteed a lobster.***

Guest Charge \$49.95