

LAURELMEAD MAIN DINING ROOM HEALTHIER CHOICE DINNER MENU Call 273-9550 for Take Out / Room Service Orders 3:30-4:30 pm WEEK OF JANUARY 11th ~ 17th <i>Monday ~ Saturday</i> <i>Dining Room Hours</i> 5-7 pm	<u>SUNDAY</u> 5:00 - 6:30 p.m. HC MINESTRONE SOUP, vs HC BABY SPIN, MSHRM, egg white POACHED SEAFOOD, saffron broth HC GRILLED MRS DASH CKN BAKED SWEET POTATO HC BRUSSELS SPROUTS	<u>MONDAY</u> HC MINESTRONE SOUP, vs HC BABY SPIN, MSHRM, egg white HC SALMON HC PLAIN GRLD T'LOIN TIPS HC BASMATI RICE HC STEAMED BROCCOLI	<u>TUESDAY</u> HC MINESTRONE SOUP, vs HC BABY SPIN, MSHRM, egg white HC CATCH DU JOUR GRILLED DUCK, NO SAUCE BAKED POTATO HC STEAMED ESCAROLE
<u>WEDNESDAY</u> HC MINESTRONE SOUP, vs HC BKD SHRIMP HC GR MAR CKN BREAST BOILED NEW POTATOES HC CORN CONSERVE; WE ENCOURAGE YOU TO BRING YOUR OWN CONTAINERS FOR LEFTOVERS HALF PORTIONS AVAILABLE UPON REQUEST	<u>THURSDAY</u> HC MINESTRONE SOUP, vs HC BABY SPIN, MSHRM, egg white *TOMATO SALSA COD FILET GR FILET MIGNON, no sauce HC STM BROWN RICE HC STMD CAULIFLOWER	<u>FRIDAY</u> HC MINESTRONE SOUP, vs HC BABY SPIN, MSHRM, egg white HC BRONZINO LAMB NAVARIN BAKED POTATO HC MAPLE RST GINGER VEGES	<u>SATURDAY</u> HC MINESTRONE SOUP, vs HC BABY SPIN, MSHRM, egg white HC BKD SHRIMP, lemon wine HC RST SIRLOIN HC HERB RST POTATOES HC STMD GREEN BEANS

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<u>WEDNESDAY</u> GRUYERE SWEET POTATO, vs TABLESIDE CAESAR SALAD SHRIMP PASTA RAGS CHICKEN CORDON BLEU YANKEE POT ROAST PASTA DU JOUR HC BOILED NEW POTATOES CORN LYONNAISE	<u>THURSDAY</u> THREE ONION SOUP, bs BABY SPINACH, MSHRM, EGG *TOMATO SALSA COD FILET GR FILET MIGNON, PORT WINE SC EGGPLANT PARMIGIANA PASTA DU JOUR RISOTTO PARMESAN RSTD CAULIFLOWER *contains spicy ingredient	<u>FRIDAY</u> SHRIMP CHOWDER BABY SPINACH, MSHRM, EGG GREEK STYLE BRONZINO LAMB NAVARIN CHICKEN ITALIANNE PASTA DU JOUR TWICE BAKED POTATO HC MAPLE GINGER RST VEGES	<u>SATURDAY</u> CHICKEN ESCAROLE, cs BABY SPINACH, MSHRM, EGG BKD STUFFED SHRIMP RST SIRLOIN AU JUS CHICKEN OSCAR PASTA DU JOUR HERB RSTD POTATOES GREEN BEAN CASSEROLE
CONSERVE; WE ENCOURAGE YOU TO BRING YOUR OWN CONTAINERS FOR LEFTOVERS HALF PORTIONS AVAILABLE UPON REQUEST			