

LAURELMEAD MAIN DINING ROOM DINNER MENU HEALTHIER CHOICE Call 273-9550 for Take Out / Room Service 3:30-4:30 pm WEEK OF OCTOBER 5th ~ 11th	<u>SUNDAY</u> 5-6:30 p.m. HC SAVORY BEAN SPINACH, vs HC ASPRGUS, PINE NUT HC BKD SCROD HC DASH CHICKEN BREAST HC STMD NEW POTATOES HC BROILED TOMATO	<u>MONDAY</u> HC SAVORY BEAN SPINACH, vs HC ASPRGUS, PINE NUT HC CATCH DU JOUR HC GRLD MARNTD CKN BREAST HC BASMATI RICE CORN ON THE COBB	<u>TUESDAY</u> HC SAVORY BEAN SPINACH, vs HC ASPRGUS, PINE NUT HC BKD HADDOCK HC RST TENDERLOIN BEEF HC BAKED POTATO HC STMD BROCCOLI
<u>WEDNESDAY</u> HC SAVORY BEAN SPINACH, vs HC BKD SHRIMP HC GRLD MARINATED CKN BRST HC BAKED POTATO HC STMD BRUSSELS SPROUTS	<u>THURSDAY</u> HC SAVORY BEAN SPINACH, vs HC ASPRGUS, PINE NUT HC BKD SCALLOPS * LAMB CHOP DIAVOLA HC STMD BROWN RICE HC STM ASPARAGUS LMN ZEST *contains spicy ingredient	<u>FRIDAY</u> HC SAVORY BEAN SPINACH, vs HC ASPRGUS, PINE NUT HC BKD SEA BASS HC VEAL MARINARA HC BOILED POTATOES HC STMD SUMMER SQUASH	<u>SATURDAY</u> HC SAVORY BEAN SPINACH, vs HC ASPRGUS, PINE NUT HC SALMON, no butter HC RST 1/2 CHICKEN HC VEGETABLE PILAF HC MANDARIN ORANGE CARROTS
CONSERVE; WE ENCOURAGE YOU TO BRING YOUR OWN CONTAINERS FOR LEFTOVERS HALF PORTIONS AVAILABLE UPON REQUEST			

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<u>WEDNESDAY</u> INDONESIAN SOBA NDL, cs TABLESIDE CAESAR SALAD * SHRIMP ENCHILADA CHEESY ASPRGUS STFD CKN BRAZILIAN STEAK, garlic butter PESTO MASHED POTATOES Crisp Balsamic Brussels Sprouts * contains spicy ingredient CONSERVE; WE ENCOURAGE YOU TO BRING YOUR OWN CONTAINERS FOR LEFTOVERS HALF PORTIONS AVAILABLE UPON REQUEST	<u>THURSDAY</u> VICHYSOISE, vs ASPRGUS, PINE NUT, GOAT CHZ GARLIC BUTTER SCALLOPS CHICKEN MILANESE, arugula * LAMB CHOP DIAVOLA BROWN RICE PINE NUTS LEMON PARM ASPARAGUS *contains a spicy ingredient	<u>FRIDAY</u> SAFFRON SEAFOOD CHOWDER ASPRGUS, PINE NUT, GOAT CHZ LOCAL SEA BASS, MANGO SLAW (slaw contains honey) *CKN SPNACH ARTICHK LASAGNA VEAL AU NATURAL RISSOLE POTATOES SAUTE SUMMER SQUASH SPINACH *contains a spicy ingredient	<u>SATURDAY</u> TURKEY VEGETABLE, cs ASPRGUS, PINE NUT, GOAT CHZ GR SALMON MAITRE D'butter RST HALF CHICKEN CAULIFLOWER CRUST PIZZA HC VEGETABLE PILAF HC MANDARIN ORANGE CARROTS